

#### **About us**

At Bila Community Group, we are driven by a deep sense of compassion, integrity, and commitment to excellence. We take great pride in our work in the disability sector and are passionate about making a difference in the lives of NDIS participants across Australia.

Our goal is to help our clients live the best life possible, and we won't give up until they reach their full potential.

If you or someone you know needs our services, please don't hesitate to contact us. We welcome you with open arms and look forward to meeting you.

We are committed to cultivating inclusive environments for staff, participants and carers. We celebrate, value and include people of all backgrounds, genders, sexualities, cultures, bodies and abilities.









### Get in touch

**Opening hours** 

Monday - Friday

8am - 4pm AWST

1300 564 621

Perth | Melbourne | Sydney

referral@bila.org.au

www.bila.org.au













Psychosocial Recovery Coaching



## The role of a Psychosocial Recovery Coach



Developing a safe and recovery enabling relationship with their clients.



Assisting participant's engagement with the National Disability Insurance Scheme (NDIS).



Providing coaching to improve recovery skills and build capacity, including decision-making, resilience, motivation, and self-advocacy.



Working collaboratively with the broader systems of support.



Helping design, plan, and action recovery planning.



## We are passionate about meeting the needs of our clients

Our recovery coaches work collaboratively with our clients, their families, and other members of their psychosocial disability support network, such as carers, therapists, and other support providers, to design, plan and action a recovery plan.

# What is a Psychosocial Recovery Coach?

At Bila, our Recovery Coaches support people with psychosocial disabilities to assist them in living fully and independently.

Our recovery coaches help people better manage the challenges of dayto-day living and take control of their lives.

Through respectful relationships, skilled coaching, and lived experiences, our recovery coaches help their clients by guiding them to maintain independence and build new skills.