



**YOUR PARTNER IN
DISABILITY SUPPORT**

RESPIRE & SHORT TERM ACCOMODATION



What is respite care?

Respite means that family members can find support if they want a rest from their role as a carer. It also offers people with disabilities the opportunity to get out and about in the community. This helps to provide support in social aspects while building confidence, self-esteem, and community engagement.



- 1300 564 621
- referral@bilass.com.au
- www.bilagroup.au



The two types of respite care are:

Non-residential respite

This may involve someone coming into your home to care for a family member with a disability or accompanying them to activities in the community.

These activities can include:

- Social Sports and recreational activities.
- Daily tasks and chores.
- Tutoring and helping with daily workloads.
- Goal setting
- Healthy living

Residential respite

These activities can include:

- Camping trips
- Hiking and adventure activities

Registered NDIS Provider: #4050110399

I support the ndis

Immediate capacity to support NDIS participants.

